Workshop held on Parkinson's disease

CHENNAL

In an effort to raise awareness on Parkinson's disease, India's largest Assisted Living and Home healthcare service provider, Athulya Assisted Living organised an exclusive educational and interactive workshop titled "Parking away Parkinson's in Elderly" for senior citizens on World Parkinson's Disease Day on Monday. Senior citizens from Arumbakkam took part in activities such as clay modelling and strength training exercises and were motivated to incorporate simple exercises into their daily life. Umapathy M., Chief Medical Officer, spoke.